

LIFESTYLE

Groove 105.7/96.7 goes Wild as part of format shift

Talk with new WGST morning host Rob Johnson

WGST-AM bringing back local talk radio

Ryan

Lori Johnston For the AJC

Find out more on enviromentally sustainable design

f t e COMMENT

12:00 a.m. Saturday, Jan. 3, 2015 | Filed in: Lifestyle

myAJC



Seat license prices rile Falcons fans

Free access to myAJC for AJC subscribers.

EXPLORE

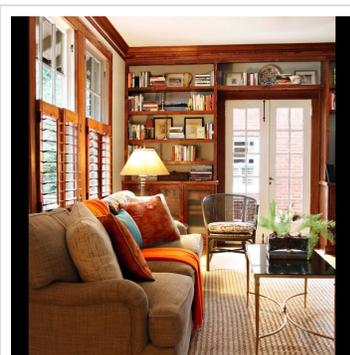
Stephanie Andrews, owner of Atlanta-based Balance Design, works with homeowners who are interested in learning about the eco-friendly aspects of materials and how they are made.

"They're just concerned about where things are coming from and if they're authentically made to begin with," she said.

Andrews, who started Balance Design in 2002, shared tips for folks interested in enviromentally sustainable design.

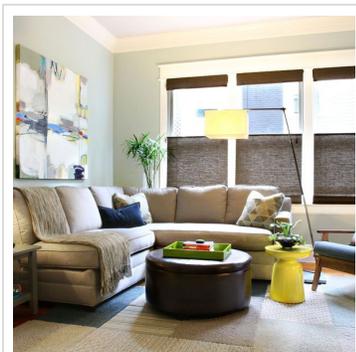
Q: What steps do you often take for clients interested in sustainable design?

A: We only prescribe a zero VOC (volatile organic compound) paint. That technology for paint has come a long way. Even some of the deeper, richer colors now are able to go into the zero VOC paint. It's really not much more cost and it's certainly better for families if you just do the zero VOC versus low VOC. Now there's no reason not to do zero VOC overall.



Designer Stephanie Andrews often reupholsters heirloom furniture and works with a local craftsman for built-in bookcases. Contributed by Balance Design

Q: What's a flooring option that people should know about?



A living room has Roman shades made of natural woven grass and walls painted with Sherwin-

A: People are going more toward a wide-plank floor with an actual tongue oil finish, which is also much better in terms of off-gassing (emitting noxious gasses). Even in terms of maintenance, it just requires a little polishing and buffing versus having to sand it all down and re-polyurethane. Ross Design (an architecture firm she works with) is doing a lot of wide plank floors with a locally

MORE FROM AJC.COM

AJC.com Local police receive warning after killing cops

DeKalb mom jailed says she knows kir heaven

Best in class: Gran Powder Springs ar program

PROMOTED STORIES

There Are 7 Types English Last Name Which One Is Your (Ancestry)

'70s Hottest Actres Where Are They N (Lossip)

Having 1 Of These Cards Means You Excellent Credit (NextAdvisor Daily)

Recommended by eU

MOST READ

Williams' Harmony line. Contributed by Balance Design

milled lumber yard, Eutree (eutree.com).

Q: Where do you often shop for furniture and rugs?

A: Verde Home has rugs and furniture that have to pass an eco test. They make sure that everything is sustainably forested. The other company is Room and Board. Typically you can actually get a profile on who built your piece of furniture, which I think is not only cool in a green way, but just in a human way of knowing the story behind your sofa, behind your table. Atlanta MADE has some great dining room tables and chairs that are made by Atlanta artists. We're bringing in 100 percent cool hand-knotted rugs (from retailers such as Anadol Rugs, Designer Rug Warehouse and Verde Home). They're not only green but they're absolutely going to last for generations.

Q: What's a tip for designing in an eco-friendly way?

A: On a broad base what we're talking about is really taking items that they have and not throwing away everything. And really taking time and figuring out how to reuse them in a new fresh way so they integrate with the items we're bringing into the house. We do a ton of re-upholstery. Why not give it a new life with a new fabric?

VIEW COMMENTS 

- 1 [Another Atlanta strip club sued by its dancers over wages](#)
- 2 [Gov. Nathan Deal gives \\$600K to his daughter-in-law/fundraiser](#)
- 3 [Judge allows challenge to state's gay marriage ban continue](#)

MORE FROM AJC.COM

TOPICS 



CELEBRITIES →

Oprah, Ellen discuss "Selma" 



LIFESTYLE →

ESPN, Marvel docuseries highlights real-life sports heroes 



LOCAL NEWS →

Of God, sodomy and putting out fires 



NEWS →

Grace and gritiron 



LIFESTYLE →

'American Idol' recap, auditions, night 2: not blind to talent 